



# MENU CYCLE WEEK ONE

Clifford Bridge  
Academy

|                           | MONDAY   | TUESDAY                      | WEDNESDAY   | THURSDAY                        | FRIDAY                       |
|---------------------------|--|------------------------------|---|---------------------------------|------------------------------|
| MAIN COURSE               | Chicken Nuggets  | Pork sausage Roll            | Chicken sausage Toad in the hole<br>(Contains beef product) | BBQ Crispy chicken breast filet | Fish Fingers                 |
| MAIN COURSE 2             | Mild and creamy Quorn Curry                                | Tangy Tomato pasta bake      | Margarita pizza   | Macaroni Cheese                 | Vegetable Pasta Bake         |
| JACKET POTATO OR SANDWICH | Jacket Potato<br>Or Sandwich                               | Jacket Potato<br>or Sandwich | Jacket Potato<br>Or Sandwich                                | Jacket Potato<br>or Sandwich    | Jacket Potato<br>Or Sandwich |
| VEGETABLE                 | Baked Beans or Sweetcorn                                   | Baked Beans or Sweetcorn     | Baked Beans or Carrots                                      | Baked Beans or Veg of the day   | Baked Beans or Peas          |
| STARCHY FOOD              | Baked Wedges<br>Or rice                                    | Sauté Potatoes               | Tatter Tots   | Garlic bread or Rainbow Rice    | Chips                        |
| DESSERT                   | A Selection of Bakes, Hot Dessert, Yoghurt and Fresh Fruit |                              |   |                                 |                              |

## Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.





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|                           | MONDAY  | TUESDAY                   | WEDNESDAY                              | THURSDAY                  | FRIDAY                              |
|---------------------------|---|---------------------------|--|---------------------------|-------------------------------------|
| MAIN COURSE               | Crispy Chicken Goujon Wrap  | Chicken Tikka Curry       | Pork meatballs in tomato & basil sauce | Chicken Burger in a bun   | Fish Fingers                        |
| MAIN COURSE 2             | Cheese & potato Pie   | Veggie deluxe Pizza       | Quorn Meatballs with tomato sauce      | Quorn Burger              | Cheese and baked bean pastry parcel |
| JACKET POTATO OR SANDWICH | Jacket Potato Or Sandwich   | Jacket Potato or Sandwich | Jacket Potato Or Sandwich              | Jacket Potato or Sandwich | Jacket Potato Or Sandwich           |
| VEGETABLE                 | Baked Beans or Mixed veg  | Baked Beans or Sweetcorn  | Baked Beans or Carrots                 | Baked Beans or Sweetcorn  | Baked Beans or Peas                 |
| STARCHY FOOD              | Sauté Potatoes  | Rice or Tater tots        | Spaghetti                              | Wedges                    | Chips                               |
| DESSERT                   | A selection of home bakes, hot puddings, Yoghurt and fresh fruit. |                           |  |                           |                                     |



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|---------------------------|---|---------------------------------|----------------------------------|--------------------------------|---------------------------|
| MAIN COURSE               | Naan Bread pepperoni & cheese Pizza                               | BBQ Chicken Meatballs           | All Day Breakfast (Pork sausage) | Hot dogs                       | Fish Fingers              |
| MAIN COURSE 2             | Vegetable Spring roll with noodles                                | Mild Veggie Chilli nachos       | Quorn sausage all Day Breakfast  | Tomato and basil pasta bake    | Cheese Pinwheel           |
| JACKET POTATO OR SANDWICH | Jacket Potato Or Sandwich   | Jacket Potato or Sandwich       | Jacket Potato Or Sandwich        | Jacket Potato or Sandwich      | Jacket Potato Or Sandwich |
| VEGETABLE                 | Baked Beans or Sweetcorn  | Baked Beans or sweetcorn & peas | Baked beans or Spaghetti hoops   | Baked Beans or Peas & Broccoli | Baked Beans or peas       |
| STARCHY FOOD              | Potato Wedges   | Rice                            | Hash Brown                       | Seasoned potato wedges         | Chips                     |
| DESSERT                   | A selection of home bakes, hot puddings, Yoghurt and fresh fruit. |                                 |                                  |                                |                           |

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