

### Autumn MENU CYCLE WEEK ONE

Clifford Bridge Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN COURSE	Ham, Macaroni and Cheese	Chicken Sausages Yorkshire Pudding and Gravy	BBQ Chicken Wrap	Chicken Burger in a bun	Fish Fingers		
VEGETARIAN COURSE	Macaroni Cheese	Veggie Sausages Yorkshire Pudding and Gravy	Mixed Vegetable and cheese Wrap	Quorn Fillet Burger in a Bun	Cheese Pizza		
	Jacket potato with various fillings offered each day						
VEGETABLE	Sweetcorn or Baked beans	Broccoli or Baked Beans	Sweetcorn or Spaghetti Hoops	Spaghetti Hoops or Baked Beans	Peas or Baked beans		
SIDES	Sautee Potatoes	Mashed Potato	Savory Rice	Wedges	Chips		
DESSERT	Chocolate Chip Cookie Yoghurt or Fruit	Lemon Drizzle Cake Yoghurt or Fruit	Apple Crumble and Custard Yoghurt or Fruit	Tiffin Cake Yoghurt or Fruit	Ice Cream Yoghurt or Fruit		





Fresh Baked Bread and salad served Daily

#### Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.







# Autumn MENU CYCLE WEEK TWO

Clifford Bridge Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN COURSE	Sausage rol	Chicken Tikka Curry	Cottage Pie	Chicken Hot Dog	Fish Fingers		
VEGETARIAN COURSE	Veggie Roll	Veg Korma Curry	Quorn Cottage Pie	Quorn Hot Dog	Vegetable Samosa		
	Jacket potato with various fillings offered each day						
VEGETABLE	Sweetcorn, Baked Beans or Spaghetti Hoops	Nann Bread	Broccoli Peas or Baked Beans	Sweetcorn or Baked Beans	Peas or Baked Beans		
SIDES	Baked Wedges	Rice and Peas	Sautee Potatoes	Diced Potato	Chips		
DESSERT	Cookie Yoghurt or Fruit	Lemon Sponge Yoghurt or Fruit	Apple Crumble Yoghurt or Fruit	Chocolate Cake Yoghurt or Fruit	Ice Cream Yoghurt or Fruit		





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# Autumn MENU CYCLE WEEK THREE

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN COURSE	Chicken Nuggets	Beef Lasagne	Pepperoni Pizza	Sausage Roll	Fish Fingers		
VEGETARIAN COURSE	Quorn Nuggets	Quorn Lasagne	Cheese Pizza	Cheese Roll	Cheese and Onion Whirls		
	Jacket potato with various fillings offered each day						
VEGETABLE	Baked Beans Sweetcorn or Spaghetti Hoops	Sweetcorn Carrots or Baked Beans	Spaghetti Hoops Baked Beans or Sweetcorn	Spaghetti Hoops Baked Beans or Sweetcorn	Peas Baked Beans or Spaghetti Hoops		
SIDES	Potato Wedges	Garlic bread	Sautee Potatoes	Herby Diced Potatoes	Chips		
DESSERT	Fruit Sponge Cake Yoghurt or Fruit	Rice Krispy Cake Yoghurt or Fruit	Iced Sprinkle Sponge Yoghurt or Fruit	Jam Swirls	Cookie Yoghurt or Fruit		





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